



Talking Therapies UK

Network Therapist Information Pack

Affiliation with Talking Therapies UK

Welcome to Talking Therapies UK

We are delighted you are considering joining our network of psychological therapists. Talking Therapies UK is committed to delivering accessible, high-quality mental health support across the UK. As a Network Therapist, you will be part of a trusted, professional community, supported by streamlined systems and competitive compensation.

Why Join Talking Therapies UK?

As a Network Therapist, you'll enjoy:

- **Immediate Access to Online Booking Facility:** Clients can book directly with you via our secure online platform, with automated scheduling and reminders.
 - **Payment Management:** We handle all client payments on your behalf—no need to chase invoices or manage transactions.
 - **Simple Invoice Procedure:** Submit one monthly invoice for all completed sessions. Transparent reporting and prompt payment processing.
 - **Competitive Session Fee:** Receive **£50 per session**—no hidden fees or deductions.
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Your Role: Network High Intensity CBT Therapist (Self-Employed)

Core Purpose

Provide structured, evidence-based psychological therapy (such as CBT) to support client recovery and wellbeing. Deliver confidential therapy remotely via secure video link or telephone to clients suitable for step 3 of the stepped care model.



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Key Responsibilities

Clinical Delivery

- **Accepting Referrals:** Receive and accept client referrals for structured psychological therapy (e.g., CBT) via email.
- **Delivering Therapy:** Provide high-quality, evidence-based therapy sessions, using interventions based on client needs and NICE guidelines.
- **Risk Management:** Conduct comprehensive risk assessments and formulate robust risk management plans, including regular review.
- **Discharge Planning:** Prepare clients for discharge, signpost to other services as appropriate, or seek approval for further sessions.

Administration & Clinical Governance

- **Record Keeping:** Maintain accurate and comprehensive electronic records of all clinical work. Complete a progress sheet and submit outcome measures (PHQ-9 and GAD-7) within 24 hours of each session. Record consent data for service audits.
 - Use BAC PAC (secure patient data system) for a £200 licence, or your own GDPR-compliant system.
 - **Invoicing:** Submit your own invoices for payment, no later than 30 days from the appointment date, to invoices@talkingtherapies.co.uk.
 - **Compliance:** Adhere to all relevant legislation, including GDPR, and the ethical guidelines of your professional body.
 - **Audits:** Complete the “Corporate Mental Health Network Self-Review Audit” and respond to feedback from case reviews.
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Person Specification

Essential Requirements

- **Qualifications:** Postgraduate qualification in a psychotherapeutic discipline (e.g., Postgraduate Diploma/Masters in CBT, Counselling, Psychotherapy) and provisional or full BABCP/BACP/HCP/BPS accreditation.
- **Experience:** Minimum two years’ experience delivering psychological therapy within a psychological therapies service or private practice, including routine clinical outcome monitoring.
- **Mandatory Training:** Annual training in Adult Safeguarding Level 3, Child Safeguarding Level 3, Data Protection and Information Security, and Preventing Level 1&2 or Level 3.



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- **ICO Registration:** Must be registered with the ICO.
- **Supervision & CPD:** Ongoing clinical supervision and CPD as set out by your professional body (typically 1.5 hours/month for full-time practice).
- **IT Skills:** Intermediate IT literacy, including password-protecting documents.
- **Personal Qualities:** Excellent verbal and written communication, time management, enthusiasm, and motivation.

Desirable Attributes

- **Specialist Qualifications:** Additional qualifications in areas such as CYP, EMDR, CFT, or DBT.
- **Organisational Skills:** Ability to plan your client caseload for two weeks in advance.

Equality, Diversity & Inclusion (EDI)

Talking Therapies UK is an equal opportunities employer, fully committed to EDI best practice. As a practitioner, you are expected to:

- Treat everyone with fairness, dignity, and respect.
- Challenge bias, discrimination, and prejudice, and support others in speaking up.

Getting Started

1. **Sign the agreement and complete onboarding.**
2. **Set up your profile** on the booking platform.
3. **List your availability** and preferred session types.
4. **Start receiving bookings** and delivering sessions.
5. **Submit your monthly invoice** for completed sessions.

Support & Contact

Our team is here to support you every step of the way.

 **Email:** admin@talkingtherapiesuk.org

 **Phone:** [07311379335](tel:07311379335)



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Join Us Today

Become part of a growing network of compassionate, skilled therapists making a difference. With streamlined systems and fair compensation, Talking Therapies UK is the ideal partner for your practice.
